



# ARMY INSTITUTE OF EDUCATION

Plot M-1, Pocket P-5, Sector Chi – 2, Greater Noida

Affiliated to GGSIP University, Delhi

ISO 9001:2015 Certified, NAAC Accredited, NCTE & RCI Approved Institute



## 'RASHTRIYA POSHAN MAAH 2022'

As we are celebrating 'Rashtriya Poshan Month' in September 2022, launched by the Honorable Prime Minister aims to achieve improvement in the status of both children and women. AIE has taken an initiative to celebrate and spread awareness about Poshan Maah, 2022.

### Activity 1

As part of the ongoing activities all the student teachers of B.Ed. (2021-23) & B.Ed. Spl. Ed.(2021-23) and Faculty members have participated in the online quiz organized by the Ministry of Education in month of September,2022.

The activity aims to encourage awareness about food and nutrition, healthy eating practices and balanced diet, etc.

Quiz link- Visit: <https://quiz.mygov.in/quiz/poshan-maah-2022-quiz/>

All the 73 participants and faculties have received the certificates after completion of the online quiz and gain knowledge about the food, nutrition, health and balanced diet.

### Activity 2

Inter House Video Competition is organized by AIE NSS Cell on theme of Traditional Foods for Women and Children in Tribal Areas. All the video has been uploaded on AIE YouTube Channel to motivate our student teachers. The best video was awarded with the E-certificates.

Pragya House : <https://youtu.be/aYn5womr5Rw>

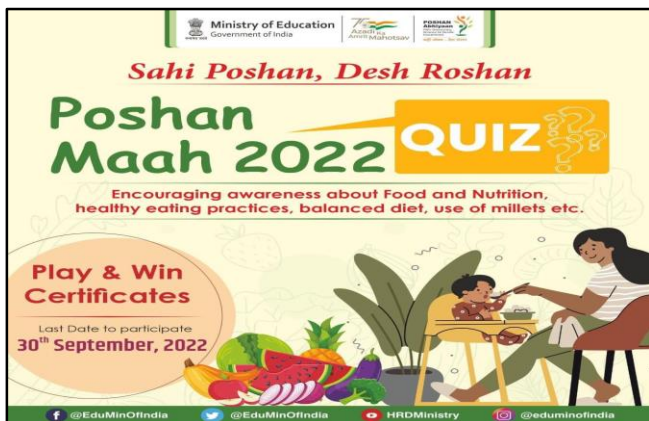
Pratigya House : <https://youtu.be/aaPNwpDkM3w>

Pragyanam House : <https://youtu.be/EUxKPWCdFf0>

Pratishtha House : <https://youtu.be/4HnZ9XEBZOY>

**Learning Outcomes-** Students have learnt about the nutrition's, balanced diet importance and various sources of traditional foods nutrition for children's and Women's

### Glimpse of the Activities-



Poster for Poshan Maah

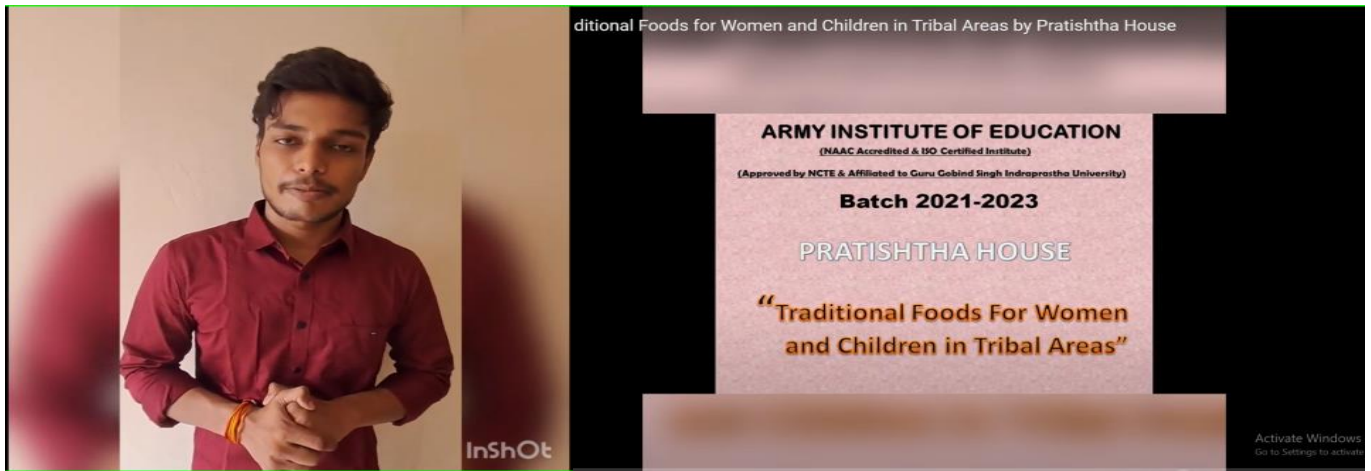


Certificate (B.Ed.Spl. Ed., IInd Sem)





Certificates of students (B.Ed. IIIrd Sem)



Video Presentations



*Komal*

Ms. Komal Choudhary  
NSS Coordinator

*Abhilasha Gautam*

Dr. Abhilasha Gautam  
Principal, AIE